**Career 9 – 10 Career Values Assignment**

**Why We Work, What Motivates Us?**

Watch the following video <https://www.youtube.com/watch?v=Yyq4sFgIkOw>

Answer the following questions:

1. What is the most basic reason for working as identified in the video?

2. Explain in your own words what the video identifies as the Vitamin Model (what does it help us understand?).

3 List the 10 Career Values and briefly explain in your own words, what each one means.

4. Taking money out of the equation; identify three Career Values that are most important to you and explain why they are important to you.

5. Identify potential jobs that may align with your Career Values identified above?